

Carbondale and Neighboring Communities Continue to Save on Electricity Supply Costs

Select Energy Partners is happy to report that the Consortium as a whole is on track to save the residents and small businesses of Southern Illinois approximately \$9.1 million in electricity costs by March 2015. The SI Consortium communities continue to save on electricity supply costs despite the recent 9% decrease in Ameren utility rates, which are in effect now until May 2015.

Many Southern Illinois municipalities are still saving money on their electricity bills, despite the fact that utility rates will be going down effective June 2014. Voters from more than three dozen cities and villages, and one county approved referenda on electric aggregation -- allowing the towns to work together to find lower electricity rates.

Since early 2012, Select Energy Partners has been assisting the communities that comprise the SI Electricity Aggregation Consortium with their municipal aggregation efforts. The following municipal-

ities are part of the Consortium: Baldwin, Bush, Cambria, Carbondale, Chester, Coulterville, Crainville, Creal Springs, Cutler, DeSoto, Dowell, Du Quoin, Eldorado, Elkhville, Ellis Grove, Energy, Evansville, Hurst, Makanda, Marion, Marissa, Murphysboro, North City, Percy, Perry County, Pinckneyville, Pittsburg, Prairie Du Rocher, Royalton, Sparta, St. Johns, Steeleville, Tamaroa, Tilden, Vergennes, West Frankfort, and Zeigler.

The SI Consortium contract rate is still lower than the newly posted Ameren Illinois rates, and that member communities will continue to receive savings under the negotiated contracts. Select Energy credits this to its market monitoring, timing, and a proprietary diligent procurement process. Key to the contract negotiation was a special clause that Select Energy negotiated for the Consortium which requires Homefield Energy to either match the rate or allow the accounts to return to Ameren without a penalty -- if the Ameren

utility rate ever dips below the Consortium's contract rate.

While the majority of the Consortium members have been on lower rates than Ameren for just over a year, some communities that adopted electric aggregation early on have been enjoying savings on their electricity bills for almost twice as long.

Since October 2012, Consortium residents have saved between 20% and 25% compared to Ameren rates, while small businesses saved between 34% and 36% -- representing approximately \$9.1 million over the term of the contract. It is worth noting that many communities do not have this same negotiated contract language.

Select Energy Partners, LLC (www.selectenergypartners.com) is a leading energy consulting firm based in Chicago, IL. Select Energy conducts thorough and transparent energy procurement request for proposals (RFPs) on clients' behalf to ensure the most competitive pricing, terms and contracting.

Mayor's Corner

The long, cold winter seems a distant past. Now we all comment about the summer heat and humidity. Like many people, I fantasize about every day being in the mid-to upper-seventies with clear skies, low humidity and a mild breeze. Rain would only fall gently at night with just the right amount to keep the grass green, gardens healthy and lakes full. But we don't live in a fantasy world and we have to realize that not everything is under our control. One thing we can control is how we spend our leisure time.

There are many things to do in Carbondale during the summer and into the fall. There are baseball and softball games. Youth soccer starts in the late summer and goes into the fall. The Carbondale Public Library offers many programs; and, of course, there are books and videos that can be checked out. Indoor swimming is available at the Life Community Center. The City's beach at Cedar Lake is open from Memorial Day to Labor Day. Cedar Lake is a great place for fishing and boating (canoes, kayaks, and boats with less than 10 hp. motors), and there are many hiking trails around the lake. Green Earth has several locations in and near the City for hiking and nature study. Golf enthusiasts can take advantage of the Park District's Hickory Ridge Golf Course. The Carbondale Park District offers a wide variety of programs for youth and adults in addition to those listed above. The Park District has several parks scattered around Carbondale with picnic shelters and playground equipment. The largest is Evergreen Park at the old City Reservoir. Campus Lake at SIUC is another place for fishing and exercising or just enjoying nature. The SIUC Student Recreation Center offers a full range of recreational opportunities at its pool, gyms, and special rooms throughout the summer as well as during the school year. There are many special "summer camps" offered at SIUC for youth. Some are athletic; others are academic.

Carbondale has four museums. The Science Center at the University Mall directs most of its programs to children, but adults can learn there also. The African-American Museum is also in the University Mall. This museum has information about the



Mayor Donald D. Monty

rich history and culture of African-Americans in Carbondale and southern Illinois and offers many special programs. Station Carbondale's Railroad Museum is located in the Old Carbondale Depot in the center of the city. For many years, Carbondale was a "railroad town," and that rich history is on display at this museum. There is even an opportunity for a hands-on examination of a diesel locomotive and caboose. The largest museum in town is the Southern Illinois University Museum located at the north end of Faner Hall. This museum has extensive collections. There are always displays of art and items of historical interest. Several times each year there are new special exhibitions. Although not a museum, the main hallway in the City Hall/Civic Center always has art exhibits curated by Carbondale Community Arts. These exhibits are changed frequently and display the works of local artists.

A description of summer activities has to include the Sunset Concert Series. This program on seven Thursday evenings provides a wide range of popular music. The concerts alternate between Turley Park and SIUC. An early summer activity is the Southern Illinois Music Festival. This features an orchestra and smaller ensembles performing classical music and is offered at several venues in Carbondale and around southern Illinois. Each year the McLeod Summer Playhouse offers a series of plays at McLeod Theater in the SIUC Communications building. One of the plays features talented young actors from southern Illinois schools. The Varsity Center for the Arts on South Illinois Avenue hosts

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Carbondale City Council Meeting Schedule

All regular meetings begin at 7:00 p.m. and will be held in City Council Chambers at the Carbondale Civic Center. Any changes to this meeting schedule will be published in accordance with the Illinois Open Meetings Act. Additional local government meetings are listed on the calendar on page 7.

July / August 2014

July 15

Regular City Council Meeting

August 5

Regular City Council Meeting

August 26

Regular City Council Meeting



Keep Carbondale Beautiful Sets Sights on Cigarette Butt Litter

Keep Carbondale Beautiful will take part in a national program to reduce the impact of cigarette butt litter, the Keep America Beautiful Cigarette Litter Prevention Program. Initially, Keep Carbondale Beautiful will target cigar tip and cigarette butt litter along the north half of "the strip," the stretch of Illinois Avenue from College Street to Main Street.

The program's strategic approach involves all stakeholders in the cigarette litter problem, including businesses, law enforcement, local governments, community organizations and, importantly, smokers themselves. Mayors and community leaders nationwide are increasingly seeking solutions to the litter issue.

The Keep America Beautiful Cigarette Litter Prevention Program tackles the issue by integrating four proven approaches:

- encouraging enforcement of litter laws, including cigarette litter;
- raising awareness about the issue using public service messages;
- placing ash receptacles at transition points such as near entrances to public buildings; and
- distributing pocket ashtrays to adult smokers.

The task force includes representatives from Carbondale Main Street, the City's Building and Neighborhood Services, the Neighborhood Action Group, and the Southern Illinoisan, as well as business owners. Businesses along the targeted area are being invited to participate in any way they see fit: ash receptacles are offered at a discount and the program is freely

distributing ashtrays and educational materials.

Tobacco products, including cigarette butts, are the most-littered item in America, representing nearly 38 percent of all items, according to "Litter in America," the Keep America Beautiful landmark study of litter and littering behavior. This research also showed that individuals who would never litter items such as beverage cans or paper packaging may not consider tossing cigarette butts on the ground "littering". Last year, the Illinois state legislature inserted the word cigarette into litter laws to draw attention to the issue.

"We have been aware of this grant for a couple years," said KCB Executive Director Sarah Heyer. "But the timing is perfect now because state law changes have made people aware of the issue. Other towns have seen cigarette butt litter cut in half in the first year. We hope to see results like that."

National nonprofit Keep America Beautiful has field-tested and expanded the Cigarette Litter Prevention Program since 2003, funded by Philip Morris USA, an Altria company, and with additional support from RAI Services Company and Santa Fe Natural Tobacco Company. Information about starting and maintaining a community Cigarette Litter Prevention Program is available online. The "Guide to Cigarette Litter Prevention" can be accessed through the Keep America Beautiful Web site www.kab.org or directly at www.preventcigarettelitter.org.

Mayor's Corner *continued from page 1*

various events. The Stage Company annually stages plays at the Varsity Center for the Arts including one offered during the summer. Other popular events include the Brown Bag Concerts at noon on Wednesday's at the Town Square Pavilion, and the Friday Night Fairs at the Town Square. Both of these events are sponsored by Carbondale Main Street and take a break for a couple months in the hottest time of the summer.

There are also many commercial entertainment venues available in the City. A roller skating rink is at the east edge of the City along Route 13. There are at least 16 motion picture screens showing a

wide range of movies. Several bars and restaurants offer live music. Some have outside beer gardens. And if you want to include dining with your day or evening of activities, there are many restaurants, both chain and local, available in Carbondale. It would take several more paragraphs to describe all the great dining opportunities in Carbondale.

If you are in Carbondale for the summer, I encourage you to take advantage of the many opportunities available to you. If you are new to the city, welcome to Carbondale. Look around and see what the community has to offer. Carbondale is not a boring place!

Status of the Preservation of the R. Buckminster Fuller Dome Home Preservation Project



Jon Davey, President RBF Dome NFP

Progress continues on the preservation of the R. Buckminster Fuller Dome Home. The old shingles have all been removed. The interior face panels and hubs (at the major vertex) have been removed and stored. A carpenter crew has been meticulously rebuilding each of the deteriorated pentagons and hexagons of the structure. Keep up with the progress of the restoration project at www.fullerdomehome.org.

Lots to See and Do in Carbondale During the Summer Months

According to Movoto.com, Carbondale is the sixth most exciting city in Illinois

Movoto said on its website it chose to analyze the 100 most populous places in the state, according to the 2010 U.S. Census.

According to an article on the site, it ranked cities based on the following attributes:

- Nightlife per capita (bars, clubs, comedy, etc.)
- Live music venues per capita
- Active life options per capita (parks, outdoor activities, etc.)
- Fast food restaurants per capita (the fewer the better)
- Percentage of restaurants that are not fast food (the higher the better)
- Percentage of young residents ages 18 to 34 (the higher the better)

Randy Nelson, editor of the *Movoto Real Estate Blog* said Carbondale ranked high on the list because it came in first in the amount of young population.

"Carbondale placed highly because of the large percentage of its population that is between 18

and 34 years of age, something we feel contributes to a place being exciting," Nelson said. "The city also has a ton of nightlife per capita, it ranked second out of all the places we studied for that."

Meghan Cole, executive director of Carbondale Main Street, said the distinction is no surprise to her because Carbondale is an exciting place.

"A lot of people are moving to cities to have fun, as well as to live," she said. "Carbondale can be a place for both."

She said she doesn't know another town with a similar population to Carbondale where people can go and see six to 10 live music shows a week.

"This is no surprise to me," Cole said. "I just try to promote it."

Cinnamon Wheelles-Smith, executive director for Carbondale Tourism said any positive comment about Carbondale is fantastic. She

said there are a lot of good places to eat in the city.

"There is a bit of everything for everybody here," she said.

Evanston, home of Northwestern University took the top spot in the state followed by Woodstock, Rock Island, Chicago and then St. Charles.

Carbondale, however, did rank higher than similar college towns including Champaign, Edwardsville and Bloomington

"I like to see we ranked higher than some of the cities we would consider our competition," Wheelles-Smith said.

Acting Carbondale Mayor Don Monty said it is nice to see something positive being said about the city and the surveys show there are things to do in it.

"It is an indication there is a lot going on here," Monty said. "There really is a lot to do here."

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Super Splash Park Design Complete, Now Awaiting Approval from State

Park District Has Launched a New Online Fundraising Drive with Prizes



The design of the Super Splash Park is complete. Construction will begin this summer. The Park District is launching an online fundraising effort beginning July 1 at cpkd.org. There are great prizes for those who participate. Join in the fun and Make a Splash for Carbondale!

IDOT preparing for bike paths in Carbondale

Road Work Scheduled to Start Later This Year And Stretch into 2015

The Illinois Department of Transportation is working on developing three different bike trails in the city. For one path, IDOT will do striping work along Rt. 51 between Mill and Chestnut streets. The project will run along both University Avenue and South Illinois Avenue. E.T. Simonds is the contractor on the project. The project is budgeted at half a million dollars and should be-

gin in late 2014 or early 2015.

Also, work is set to begin sometime this year on a path along Illinois Rt. 13 that will run between New Era Road and West Sycamore Street. That project's cost is estimated at \$750,000, according to IDOT, and includes a pedestrian bridge over Crab Orchard Creek.

In the third project, IDOT is

working with the city to build a path from North Lewis Lane to the Post Office near University Mall. That path would include a crossing at McKinney Avenue. The cost is estimated at \$500,000, and construction could start sometime next year.

IDOT gave the recent bike path updates during an event at the Civic Center sponsored by the Jackson County Health Department.

City of Carbondale Preservation Commission dedicates historic site in Carbondale

The City of Carbondale Preservation Commission held a public dedication ceremony for an Illinois state historical marker, commemorating the location of Carbondale College and Southern Illinois College. The dedication was held on May 31st, 2014. The marker is located at the Carbondale Public Safety Center located at 501 South Washington Street, in Carbondale which was the former site of Carbondale College.

Carbondale College was the first college in Carbondale and contributed to Carbondale being selected as the site for what would become Southern Illinois University. Carbondale College was established by the Presbyterian Church in 1856, with great support from town founder, Daniel Brush and business man James Campbell. During the Civil War, Carbondale and Carbondale College suffered hardships and the

college was sold to the Christian Church. The Christian Church renamed the college Southern Illinois College. In 1868, Illinois State Governor Palmer authorized a teacher's training college in the southern portion of the state. Strong community support coupled with the presence of Southern Illinois College having a student body of 300 played a pivotal role in Carbondale being selected as the site for that college. Originally Southern Illinois Normal University, the college was renamed Southern Illinois University in 1947.

The City of Carbondale Preservation Commission made the dedication with the assistance of the Illinois State Historic Society. The financial support for the marker was provided by Carbondale First Presbyterian Church, Carbondale First Christian Church, and Southern Illinois University.

Tee It Forward at Hickory Ridge Golf Course

Tee It Forward encourages all golfers to play the course at a length that is associated with their average driving distance. Golfers can have more fun and potentially speed up play by using tees that provide the greatest playability and enjoyment.

Hickory Ridge offers a forward set of tee markers that plays from roughly 2,400 yards. Play nine holes for only \$17.00, includes rental clubs if needed. Come out and have fun!



CARBONDALE
PARK DISTRICT
www.cpkd.com



Community Coming Together for Carbondale Night with the Southern Illinois Miners, Aug. 8



Celebrate Carbondale and enjoy a great night of baseball as well as a fabulous fireworks display at Carbondale Night with the Southern Illinois Miners, Friday, Aug. 8.

The Chamber of Commerce, City of Carbondale and Southern Illinois University have teamed up with the Miners for an entire evening of baseball and fun in celebration of our community. Gates open at 6 p.m. and the first pitch is set for 7:05 p.m. as the Miners take on the Windy City Thunderbolts. Following the game, a fireworks

show will be presented.

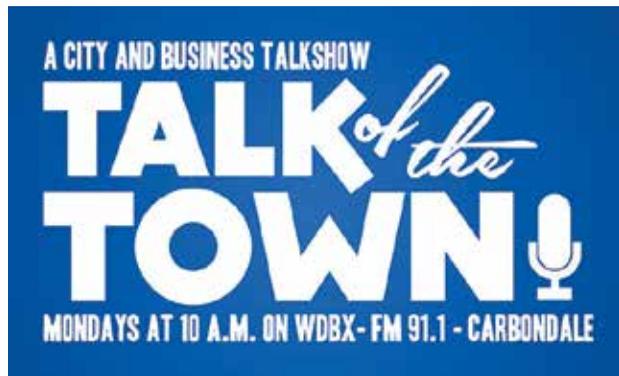
Carbondale residents will be featured throughout the evening providing features including singing the national anthem, serving as honorary bat boys and bat girls, throwing the ceremonial first pitch, leading the singing of "Take Me Out to the Ballgame" during the seventh inning stretch and participating in all of the races and games between innings. Additionally, Carbondale Chamber of Commerce member-businesses and organizations will have display tables throughout the concourse of Rent One Stadium during the game.

Tickets for Carbondale Community Night with the Miners are just \$8 for reserved box seats and \$4 for general admission. A portion of ticket sales benefits Chamber programs including Shop Local promotions and scholarships for Carbondale Community High School students who attend SIU. Tickets are available at the Chamber office, 131 S. Illinois Ave.

304 West Walnut, CCA's New Home



Coming soon... CCA's new Home! After nearly 25 years as guests of the Carbondale Park District, Carbondale Community Arts acquired a home of its own in March 2013. Thanks to the generosity of a visionary and committed patron, CCA was able to purchase the 5,000 square foot building at 304 West Walnut, which was originally constructed in 1961 to house the Carbondale Public Library. When initial renovations are complete in 2014, 304 will open to the public as a multi-functioning community artspace with room for exhibits, small performances, educational programming, and administrative office. A fundraising campaign "Almost Home" was announced by CCA on June 10th to raise additional funds for the project. For more information visit www.carbondalearts.org.



Tune into Talk of the Town radio at 10 a.m. every Monday on WDBX, 91.1 FM. Les O'Dell of the Carbondale Chamber of Commerce and Carbondale Economic Development Director Gary Williams interview guests representing a variety of local programs, organizations and businesses and talk about upcoming happenings in the city.

Each half-hour broadcast also includes a weekly calendar of events from Carbondale Tourism.

Guests on upcoming Talk of the Town shows include:

July 14: Nancy Muzzarelli of Shawnee Health Service and Dawn Amos of Caring Transitions

July 21: Chris Williamson of NeuroRestorative

July 28: Jason Thomas of Thomas Publishing

Aug 4: Brandee Davis of Carbondale Montessori Center

Carbondale Chamber Accepting Scholarship Applications for Saluki Stay

The Carbondale Chamber of Commerce is now accepting applications for one of Southern Illinois University's most unique scholarships.

Each fall the Chamber presents five SIU undergraduate students with Saluki Stay awards, designed to assist returning students with lowering the costs of attending college. Thanks to generous donations by Chamber-member businesses, each recipient receives more than \$1,500 of in-kind prizes ranging from gift cards for books and SIU apparel to free oil changes, haircuts and other services. Recipients also receive gift certificates to area grocery stores and get one free meal each week in a Carbondale

restaurant. The Chamber also covers one month's utility bill and selected students may be eligible for one month's free rent.

"The Saluki Stay Scholarship program is a wonderful way for our members to assist SIU students and gain new customers at the same time," explains Les O'Dell, executive director of the Carbondale Chamber of Commerce. "We're pleased that this is just another way the business community and the University are able to support one another."

To be eligible for the award, students must be enrolled full-time for the fall semester 2014, be juniors or seniors with at least a

2.8 grade point average, have attended SIU for at the last two years and must be employed by a current Carbondale Chamber of Commerce member in good standing. Preference will be given to students with demonstrated financial need. Completed applications are due May 9, 2014. Applications and additional information are available online at scholarships.siu.edu/search and searching for "Saluki Stay" or at [www.http://carbondale-chamber.com/siu/for-students](http://carbondale-chamber.com/siu/for-students).

The scholarship program is an effort of the Chamber's Saluki Pride committee that works to strengthen relationships between Southern Illinois University and Carbondale's business community.

Carbondale Tourism Updates



Carbondale Tourism Extends Summer Hours of Operation

Due to an increased number of leisure travellers, Carbondale Tourism will extend its office hours this summer.

"In 2013, Carbondale Tourism recorded an increase in leisure travellers — people staying in Carbondale to explore the outdoors, tour the wine trails, enjoy the farmer's market, etc. — seeking information about the area, and many of them were just visiting for the weekend," said Cinnamon Smith, executive director of Carbondale Tourism. "We didn't want to miss an opportunity to interact with these folks and give them more information on ways to experience Carbondale."

The Carbondale Visitors Center, located at 126 S. Illinois Avenue, is a resource for information on



Carbondale and the surrounding southern Illinois area. The Visitors Center is open until 6 p.m. Monday through Friday, and Saturday from 9 a.m. to 3 p.m. These extended hours will remain through August 2014. For more information, please contact Carbondale Tourism staff at 618-529-4451 or email info@carbondaletourism.org.

Match Fund Sponsorship Program Assists Local Groups in Marketing Efforts

In an effort to better recognize and support organizations that help promote economic growth in Carbondale; Carbondale Tourism has developed a Match Fund and Sponsorship application program as part of their new marketing strategy.

The program is designed for Carbondale Tourism to provide financial assistance to local tourism-related entities. Groups are able to apply for either a full-sponsorship or match dollars that will go toward increasing tourism in the area and generating overnight

stays. Examples include: assistance with advertising promotions, the printing and designing of promotional event materials, and site inspections and assistance with designing event materials.

Funding considerations are given to organizations that are considered non-profits and are putting efforts into activities that help to generate over night stays and encourage economic growth in the community. It is important for groups to turn in the application at least 60-days before the desired approval date. Turning applica-

tions in ahead of time gives the Carbondale Tourism Board has a chance to evaluate and approve it.

While not all applications will be considered for funding, Carbondale Tourism does their best to ensure that all tourism efforts are supported equally. Carbondale Tourism encourages all tourism-related entities to apply and looks forward to bringing more excitement to Carbondale.

For more information please contact Carbondale Tourism at 618-529-4451 or visit us online at Carbondaletourism.org.

News on Main Street

by Meghan Cole, Executive Director, Carbondale Main Street



CARBONDALE Main Street

One thing about working for a Main Street program, is that you've always got job security. Because...

No one wants your job...

More importantly, your work is never done.

Downtowns are works in progress. Constantly changing, growing, new and old establishments coming together to create new business mixes, and new events popping up to drive new shoppers downtown. Our downtown is changing...a lot!

With the creation of a new Downtown Master Planning committee (which I am honored to be serving on), the future is exciting for downtown Carbondale. But things are already in the works. Everyone knows about the new Tartan Development at the 700 block of Illinois Avenue, which will soon welcome over 350 new residents to our district, but let's go over some of the other exciting changes in downtown...

Carbondale Tourism found a new home, across from City Hall and the Main Street and Chamber offices at 126 S. Illinois Avenue. The building, a former saloon, jewelry store, and most recently State Finance, offers a great space to welcome visitors to our community.

Attitude Designs moved into the old Tourism location at 815 S. Illinois Avenue, which has also been home to "Home Outfitters", a bowling and billiards club, and a laundromat. Attitude specializes in customized gear, t-shirts and promotional items, and their new awning looks great!

710 Bookstore also moved to the former "Universitees" space at 819 S. Illinois Avenue. Still carrying all your Saluki gear, this is a temporary move for 710, as they plan to move to a permanent place downtown over the next two years. For now, stop by

and see them, next to Vintage Soul!

Carbondale Community Arts continues to work on their new home, the original Carbondale Public Library at 304 W. Walnut Street. They should be up and running with new office space, gallery and event space by late 2014.

The Main Street Downtown Design Center opened this year, thanks to a partnership between SIU, The City of Carbondale, The Chamber of Commerce, and Carbondale Main Street. The Historic baggage room of the Old Train Depot is now a space for presentations, events, and design and economic development planning. Community members and students are encouraged to visit and use the space. Currently, an SIU Architecture class is using the Design Center Monday-Thursday from 8am-1pm to work on potential downtown projects.

Other plans in the works? A new and improved refinished parking lot behind Fat Patties, QQ Bubble Tea, Lush-Aveda and The Shop, a possible new building at 805 S. Illinois Avenue, and more! But if I told you, well, I might lose my job. And I can't do that...my work is never done!

For more information on all things "downtown", from businesses, to events, to design plans, Meghan Cole and staff can be reached at 529-8040.

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Tune into CityVision 16
to see the Carbondale City
Council meetings televised
live or watch the meetings
streamed live on the
city's website
www.explorecarbondaletourism.org

Safety Precautions When a Heat Advisory Is Issued

In Illinois a heat warning is issued for a daytime maximum heat index of 115 with a minimum of 80. Know the terms used by the National Weather Service during these periods:

Heat Watch - Excessive heat is possible in the next day or two.

Heat Advisory - High and potentially dangerous values of heat index are occurring, imminent, or highly likely. Prolonged exposure to heat and/or strenuous activity may result in heat-related illness. In Illinois, heat advisories are issued for a daytime maximum heat index of 105 and nighttime minimum of 80.

Heat Warning - Life threatening heat is occurring, imminent or highly likely. Take precautions.

Know the illnesses heat can produce and how to treat each one:

Heat Cramps - Painful spasms usually in muscles of legs and abdomen due to heavy exertion and heavy sweating. Treatment - Stop activity and rest in a cool place. Lightly stretch or gently massage muscle to relieve spasms. Give sips of cool water.

Heat Exhaustion - Heavy sweating. Skin cool, pale and clammy. Pulse fast and weak. Breathing fast and shallow. Normal temperature. Fainting, vomiting, dizziness, nausea. Treatment - Get victim to a cool place. Lay down and loosen clothing. Apply cool wet cloths. Give sips of cool water.

Heat Stroke - High body temperature of 103 to as high as 106. Hot, red, dry skin. No sweating. Rapid pulse. Breathing fast and shallow. Headache, nausea, dizziness, confusion. Possible unconsciousness. Treatment - Heat stroke is a severe medical emergency. Summon emergency medical assistance or get the victim to a hospital immediately. Delay can be fatal. Move the victim to a cooler environment. Reduce the body temperature with a cool bath or sponging. Use air conditioning or fans. Do not give fluids.

During the heat warning common sense is the best defense:

Spend some time in air conditioning, if possible. Even just two hours a day in air conditioning can significantly reduce the risk of heat-related illness.

Drink plenty of water and natural juices, even if you don't feel thirsty.

Slow down. Avoid strenuous activity.

Wear loose-fitting, lightweight, light-colored clothing.

If you must be out in the sun, use sun screen and wear a wide-brimmed hat.

Keep shades drawn and blinds closed, but windows open slightly.

Keep lights down low or turned off.

Take cool baths or showers periodically, use cool wet towels.

Eat small meals and eat more often. Avoid foods that are high in protein, which increase metabolic heat.

Avoid using the oven.

Avoid alcoholic beverages and beverages with caffeine such as coffee, tea and cola.

Avoid using salt tablets unless directed to do so by a physician.

Do not leave children or pets in a closed vehicle even for a few minutes. Temperatures inside a closed vehicle can reach 140 to 190 within 30 minutes on a hot day.

Schools should restrict strenuous outdoor athletic activity when a heat advisory is in effect. All physical education and athletic activity should be canceled when a heat warning is in effect.

Stay informed about the heat wave by listening to NOAA Weather Radio, or commercial radio and television for the latest heat warnings and advisories.

Neighborhood Report

NEIGHBORHOOD LEADERSHIP IN DISASTERS— TALK TO YOUR NEIGHBOR ABOUT “THE GOLDEN HOUR”

by Mary O'Hara

Leadership in disasters starts with you. In most disasters, you and your neighbors are likely to be the first responders. What will you do? Research on our behavior indicates that responses to disasters are characterized by confusion rather than panic. Knowing a few key actions we can take in the initial hour after a disaster, the “Golden Hour”, minimizes confusion and provides the examples for action that reduces loss of life and property.

What follows are the 9 steps for action for the “Golden Hour”. Please share them with your neighbor. These 9 steps are part of the “Map Your Neighborhood” (MYN) Program initiated by Carbondale Study Circles Neighborhood Action Group and the City of Carbondale. If you would like a Map Your Neighborhood training session in your Neighborhood, Please contact

Mary O'Hara, 618-713-0820. The training takes about 2 hours.

THE NINE STEPS:

1. Take care of your loved ones.
2. Protect your head, feet and hands. Have shoes, gloves and helmet at bedside
3. Check the natural gas or propane at your home. Have tool to turn off if necessary
4. Shut off water at the house main.
5. Place the HELP or OK sign on your front door or window.
6. Put your fire extinguisher on the sidewalk to prevent small fires from getting larger
7. Go to the Neighborhood Gathering Site.
8. Form teams to listen to the radio for alerts; check on elderly, disabled and children; check gas and propane; check homes with HELP signs and those with no sign. Those who have posted OK signs don't

need to be checked any further.

9. Return to Neighborhood Gathering Site to share what has been done.

Disaster Leadership training on the “quick” Another alternative to enhance disaster preparedness leadership on your block is to ask your neighbors to watch the short video of a Carbondale “Map Your Neighborhood Training Session” on this link. <http://explore.carbondale.com/node/479>. Get their e-mail and mail this link to them.

Carbondale Study Circles Neighborhood Action Group is currently participating in a nationwide evaluation of the Map Your Neighborhood. The Federal Emergency Management Agency (FEMA) is considering adopting the award winning MYN program for National use. Please join us. Our meetings are the first Wednesday of each month, 5 PM, September-June, at City Hall.

GREEN CORNER: News from the Sustainability Commission

The Carbondale Sustainability Commission needs you! There are currently three vacancies on the Commission – including one for a student from SIU and one for a student from CCHS, the third position is at-large. Commissioners must live within the Carbondale city limits. Meetings are held on the first and third Thursdays of the month at 6pm. Anyone with an interest in advising the City on matters of green space, green energy, sustainable transportation or recycling is invited to apply by sending a letter of interest to acting Mayor, Don Monty at dmonty@ci.carbondale.il.us

Taking a look at the transportation aspect of the Sustainability Commission: we have been talking bikes! In April, Commission Chair Audrey Wagner attended the Illinois Bike Summit along with city staff Gary Williams and Chris Wallace. They learned more about the Illinois State Transportation Plans, methods for expanding Bike to Work events, and about the League of Illinois Bicycle Friendly University and Bicycle Friendly Business designations, among other topics.

The new Illinois Transportation Plan adopts a Complete Streets

policy – meaning that all modes of transport must be considered when streets are built, resurfaced, or otherwise improved. To explore this concept further, the Jackson County Health Department and city officials hosted a Complete Streets training given by Chicago's Active Transportation Alliance. Participants conducted a brief walking tour of downtown, and discussed way to improve bike and pedestrian accessibility in addition to learning about success stories and best practices from around the state. The program was held in mid-June and attended by numerous city staff from Planning, Public Works, Streets and Engineering, local cycling advocates, engineers from IDOT and Jackson County Highway Department, and Health Department staff as well. IDOT engineer Carrie Nelsen presented IDOT's current bicycle infrastructure plans which include bike lanes on Highway 51 through the strip and portions of downtown when that roadway is resurfaced, as well as an off-street, multi-use path between John A Logan College and Giant City Road. The latter project is part of the expansion of Highway 13 and is not yet funded.

The Commission is speaking with the City about acquiring a Sharrow (shared lane marker with chevrons and a cyclist to show vehicles of all types can be expected in a lane) template for use on city streets to connect existing bike routes – particularly on Poplar road between Main and Walnut.

The City has a Bikeway Network Plan which was adopted in 2004. The Commission and the Jackson County Health Department's Built Environment Action Team will be examining that plan to see whether changes or updates are warranted. The Built Environment Action team is a group started after Public Health and Transportation Consultant Mark Fenton led the Community Transformation Forum in February. The next meeting is July 16th at 3 pm at the JCHD back building. Angie Bailey is the contact person and can be reached at angieb@jchdonline.org or (618) 684-3143, ext. 134.

The Sustainability Commission encourages public comments and suggestions – you can contact us at sustainability@ci.carbondale.il.us or stop by to any of our meetings. Be sure to check out our page on the city website at greencarbondale.com.

Jackson / Williamson County Survey Data 2014 Ranks Life, Education and Workforce Issues in Southern Illinois

A recent poll of residents in Jackson and Williamson counties provides interesting data about life, education and work in Southern Illinois.

According to the report, the survey "provides a tremendous amount of insight into the attitudes of Jackson County and Williamson County residents. Overall, these individuals think Southern Illinois is a good place to raise children, live and retire. They rate their schools positively (both K-12 schools and SIU and local community colleges) and express confidence in local leaders to effectively address local issues. Two-thirds of Southern Illinois residents believe things are generally on the right track in Southern Illinois."

"However, residents still express significant concerns about the economy," the report said. "The majority of Jackson and Williamson County residents did not rate Southern Illinois positively in terms of a place to work. They support economic initiatives to increase job growth and encourage business expansion in the region. In ad-

dition, they appear committed in their support for workforce training programs and post-high school institutions."

The report also notes:

- One fourth of residents report litter is a big problem.

- There are 34.8 percent of residents who are "very concerned" about the quality of water in the area. Another 27.4 percent are "somewhat concerned."

- More than a third of residents called their leaders "weak," but more than 45 percent called them "strong." A third said they were "not very confident" or "not at all confident" in their local leadership.

- There are 66 percent of residents who believe things are generally on the right track while 24 percent say they aren't. Similarly, 60 percent say that as a place to live, things are "about the same" as a year ago. There were 15 percent who said things were getting better and 18 percent who said that as a place to live, the two-county area was getting worse.

- Of employed workers, 27 percent said they felt "underemployed."

- Also, while 81.9 percent say they have access to internet service, 43.8 percent say expanding high-speed internet access is a much needed infrastructure improvement.

The poll of the two-county area was taken for the Institute by the Survey Research Office at the Center for State Policy and Leadership at the University of Illinois Springfield. The survey of 592 local residents in the two counties was taken between Feb. 20 and April 4. The UIS group conducted a similar survey in Sangamon County last year.

"There's good news and bad news in this for the two counties," said David Yepsen, the director of the Institute. "People are generally content with life here, but they also want to see some improvements. These numbers can help policy makers, business leaders and others make good decisions about what's needed to improve life in the area."

For information about the survey or to obtain copies of the full report visit the website www.paulsioninstitute.org.

JULY CALENDAR

*City Hall Offices will be closed Friday, July 4, 2014 for Independence Day

Day/Date	Meeting	Time
Tues/15th	Carbondale City Council	7:00 p.m.
Wed/23rd	Planning Commission	7:00 p.m.
Mon/28th	Carbondale Park District Board	6:00 p.m.

The Following Meetings will be held at the Carbondale Civic Center, 200 S. Illinois Ave., and Televised Live on CityVision 16

Day/Date	Meeting	Time
Mon/7th	Human Relations Commission	6:30 p.m.
Mon/14th	Preservation Commission	7:00 p.m.
Thurs/10th	Liquor Advisory Board	5:30 p.m.
Thurs/17th	Sustainability Commission	6:00 p.m.

Other Scheduled Meetings at the Carbondale Civic Center, 200 South Illinois Avenue

Day/Date	Meeting	Time
Wed/9th	Library Board of Trustees Conference Room, 405 W. Main	4:30 p.m.
Thurs/17th	Carbondale High School District #165 CCHS Cafeteria, 1301 E. Walnut St.	7:00 p.m.
Thurs/24th	Carbondale Elementary School District #95 Carbondale Elementary School Administrative Center	7:00 p.m.

AUGUST CALENDAR

Day/Date	Meeting	Time
Tues/5th & 26th	Carbondale City Council	7:00 p.m.
Wed/13th	Planning Commission	7:00 p.m.
Mon/18th	Carbondale Park District Board	6:00 p.m.

The Following Meetings will be held at the Carbondale Civic Center, 200 S. Illinois Ave., and Televised Live on CityVision 16

Day/Date	Meeting	Time
Mon/4th	Human Relations Commission	6:30 p.m.
Thurs/18th	Preservation Commission	7:00 p.m.
Thurs/7th	Liquor Advisory Board	5:30 p.m.
Thurs/21st	Sustainability Commission	6:00 p.m.

Other Scheduled Meetings at the Carbondale Civic Center, 200 South Illinois Avenue

Day/Date	Meeting	Time
Wed/13th	Library Board of Trustees Conference Room, 405 W. Main	4:30 p.m.
Thurs/21st	Carbondale High School District #165 CCHS Cafeteria, 1301 E. Walnut St.	7:00 p.m.
Thurs/28th	Carbondale Elementary School District #95 Carbondale Elementary School Administrative Center	7:00 p.m.

Chill Out in the Park

FREE!



with the Carbondale Park District!

Cool down, chill out, and have fun on a hot summer day!

Wear your swimsuit, bring a towel; come and play in a blast of water shooting from the aerial fire truck.

This program is offered in conjunction with the Carbondale Fire Department.

Shoes are recommended.

All sessions are on Wednesday from 1:00 – 2:00 pm.

JULY 9

Attucks Park

400 N. Wall Street

JULY 23

Parrish Park

2500 W. Sunset Drive

AUGUST 6

Turley Park

109 N. Glenview Drive



CARBONDALE
PARK DISTRICT
www.cpkd.com



Outdoor warning sirens are tested on the first Tuesday of each month at 10:00 a.m. During inclement weather, sirens will not be tested. If a siren is sounded other than during a scheduled test, this alarm indicates an actual emergency. Remember that a watch means that conditions are favorable for severe weather to develop and a warning means that severe weather is occurring and you should take shelter immediately.

Make Plans to Visit Poplar Camp Beach at Cedar Lake this Summer



If the heat and humidity is getting to you this summer, try cooling off in the refreshing water of Cedar Lake at Poplar Camp Beach. Located a few miles south of Carbondale, the sandy waterfront of the beach leads to a swim and play area, an area for floating on rafts, plus a swim lap lane. Certified Red Cross lifeguards are on duty during beach hours, from 9:30 a.m. to 5:30 p.m. on weekdays and 9:30 a.m. to 7:00 p.m. on weekends and holidays. Cedar Lake personnel and the Carbondale Police patrol the area. Restrooms, picnic tables, and a concession stand are also available.

The beach is open seven days a week throughout summer until the start of the school year for most area schools. *After August 15, the beach will be open on weekends only through Labor Day, September 1, 2014, when the beach closes for the season.* The fee for a single admission is \$2.50 and children 4 years of age and younger are admitted free.

Ten (10) visit passes are available for \$20.00 and twenty (20) visit passes are available for \$35.00. Passes purchased are good for the entire 2014 beach season and may be used at anytime. Children twelve years of age and younger must be accompanied by an adult.

To reach Poplar Camp Beach from Carbondale, travel south on U.S. Highway 51 to the traffic light at Pleasant Hill Road. Turn right on Pleasant Hill and drive 1 1/2 miles to Union Hill Road, on your left. Turn onto Union Hill and stay on road until it intersects with Cedar Creek Road, at stop sign (about 2 miles). Turn right and then immediately left onto Poplar Camp Road. Poplar Camp Road ends at the beach parking lot. The City of Carbondale owns Cedar Lake as its water source and operates Poplar Camp Beach along with the City's boat ramp and access area. The boat ramp is located at the west end of Cedar Creek Road. For more information call 549-8441.

Safety Information from the Mosquito Abatement District

The formation of the Carbondale Mosquito Abatement District was initiated by the Carbondale Lions Club in 1927. The District is one of twenty-one mosquito abatement districts found in the State of Illinois. It is a special purpose unit of local government.

The district works to educate residents, check and treat standing water for mosquito larvae, and spray for adult mosquitoes within the district boundaries. All field personnel are licensed by the State of Illinois and all chemicals used are registered and approved by the E.P.A. for mosquito control.

The West-Nile virus was found within our district boundaries in prior years and has remained active each year in the State of Illinois, as well as across the nation. This virus is carried by female Culex mosquitoes. In Illinois, the Culex mosquito, which feeds in the early morning and evening hours has been identified as the

primary transmitter of the virus. To help protect your family, yourself, and your neighbors you should:

- Take precautions when going outside (wear long sleeve shirts and pants) and use a mosquito repellent containing DEET.

- Empty any standing water out of containers found in and around your yard.

- Clean out your gutters and properly dispose of any old tires.

The district also collects mosquitoes with Dyna Traps within the district boundaries. Floodwater mosquitoes which can and do travel long distances are the most dominant mosquitoes found in the district. These nuisance mosquitoes, Aedes Vexan, are not vectors that are associated with transmitting diseases. However, in recent years the

Asian Tiger mosquito, an early morning and late afternoon feeder has been found in the district. The larvae of the Albopictus mosquito has been found and treated most often in our district in abandoned and discarded tires.

The district uses field observations, citizen complaints, and trapping data in determining when to conduct periodic adult sprayings within the district boundaries. The district kills the adult mosquitoes with a synergized pyrethrin through U.L.V. (ultra low volume) machines.

If you have a known medical allergy, asthma, or lung condition and any contact with pesticides might be harmful to your health, please contact the District at 549-2150 to be placed on a pre-notification call list before spraying is done in your area.

William Kelley, Manager, Carbondale Mosquito Abatement District.

Ordinance Requires Maintenance of Tall Grass and Weeds

The City of Carbondale Code declares grass and weeds over eight (8) inches in height to be a nuisance and requires their removal. The provision of the City Code pertaining to mowing grasses and weeds over eight inches in height does not apply to land zoned as "Forestry" or "Agriculture" which is used for agricultural purposes as long as a 20-foot perimeter adjacent to any right-of-way and/or residentially zoned property is mowed and maintained so as not to exceed the eight inch height. Owners and tenants are reminded that they are also required to keep adjoining public right-of-way mowed to the back

of the curb, the edge of the street pavement and the alley.

Most property owners and tenants comply with the City of Carbondale's standards for the maintenance of tall grass and weeds. However, some property owners/tenants do not mow their property until the City posts the property in violation of the tall grass and weed ordinance. Therefore, upon finding the same property in violation more than once during the same growth season, a Court Citation will be issued to all owners and occupants of the property at the time of the second posting and for each subsequent posting that may be

necessary during the balance of the growth season. If the tall grass and weeds have not been mowed within seven days after the posting, the City's mowing contractor will mow the property and the property owner will be billed for the mowing by the City.

For more information about this ordinance contact the Building and Neighborhood Services Division at 457-3237. To see if a property has been posted you may visit the City of Carbondale Web site explorecarbondale.com. A weed posting report can be viewed under the Government section.



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Donald Monty, Acting Mayor
Jane Adams, Councilwoman
Jessica Bradshaw, Councilwoman
Lee Fronabarger, Councilman

Carolyn Harvey, Councilwoman
Lance Jack, Councilman
Corene McDaniel, Councilwoman
Kevin Baity, City Manager

Carbondale Communiqué is written by the City of Carbondale to provide residents and businesses with municipal news.

For More Information on City Government:
www.explorecarbondale.com
AM Radio 1620, Cable TV Channel 16